


INFECTION CONTROL MEASURES – SANITATION & HYGIENE

Our contracted cleaning company currently deep cleans and sanitizes MWF and is now temporarily increased to 5 days per week

 Employees are responsible for routinely cleaning all touchpoints and disinfecting commonly used surfaces with products that are [EPA-approved disinfectants against COVID-19](#) and are appropriate for the surface

- Normal routine cleaning with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure
- When EPA-approved disinfectants are not available, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions)
- Never mix bleach or other cleaning and disinfection products together
- Hand sanitizer, disinfectant wipes (when available), disinfectant spray and approved cleaning supplies will be available for employees to use regularly

 Employees are advised to follow CDC guidelines for preventing transmission of COVID-19 including:

- Washing hands frequently for at least 20 seconds, avoiding touching mouth and nose, avoiding close contact with others, cleaning and disinfecting surfaces, using cough and sneeze etiquette, and staying at home when sick
- CDC prevention, handwashing, and proper hygiene posters are displayed prominently throughout the building in both English and Spanish



INFECTION CONTROL MEASURES – REPORTING PROCEDURES

In order to prevent the spread of COVID-19 employees are directed to adhere to reporting procedures. Z-MEDICA requires that any employee who has tested positive for COVID-19 must immediately notify their supervisor and isolate themselves for a minimum of seven (7) days after symptom onset or a positive test AND must be fever free without the use of fever reducing medicine and symptom free for at least 3 days



Employees must monitor their symptoms before starting work and notify their supervisor and stay home if they are sick or showing signs of illness



Employees who think they have been exposed to COVID-19 must notify their supervisor immediately and stay home until further guidance



Any employee who is seeking medical attention and/or has had a COVID-19 test must notify their supervisor and stay home following the guidance from their healthcare provider



In order to discontinue home isolation after testing positive for COVID-19, both criteria, as outlined above, must be met in order for the employee to return to work.

- Example 1: If an employee tested positive, isolated for 7 days, but were fever free and feeling well on day 4 he/she should not return to work until day 8. They would have isolated for the minimum 7 days and been fever and/or symptom free for 3 days.
- Example 2: If an employee tested positive, isolates, but fever and symptoms do not end until day 12 after a positive test, he/she could not return until day 16. Even though the minimum seven-day isolation requirement was met, the staff member could not return to work until they were fever free and symptom free for 3 days.